



STAINSBY NURSERY



DREAM. BELIEVE. ACHIEVE



Hello Everyone

Who's ready for Week 4 of fun activities!!

This week we have:

- Floating and sinking
 - Active Circuit
 - Make a butterfly

We hope you enjoyed last weeks and remembered to take some photographs to share with us when we can all be together again.

Remember to WASH THOSE HANDS, STAY HOME AND STAY SAFE.

Love from Everyone at
Stainsby Nursery xxx

GET FLOATING AND SINKING...

There's nothing more fun than water play and what a better way to keep cool during the nice sunny days!

Here is a lovely activity found by Sarah where we find objects that will float and sink. We have given you a few ideas for objects that you may find out in the community or in your home.

WHAT YOU NEED-

- A large container filled with water,
- 2 containers to sort floating and sinking objects
- Selection of floating and sinking objects - a large stone, bottle top, wooden peg, lolly pop stick, feather, coin, key, gem stone, button, shell and a leaf.

HOW TO DO IT-

1. Place one item into the water at a time. Does it float or sink? Place the object into the correct tub.
2. Talk about why some objects sank and others didn't.
3. Bottle tops are great for floating when turned over both ways. Can a bottle top hold a small stone and still float?
4. Search around the house for more objects to test if they can float and sink.

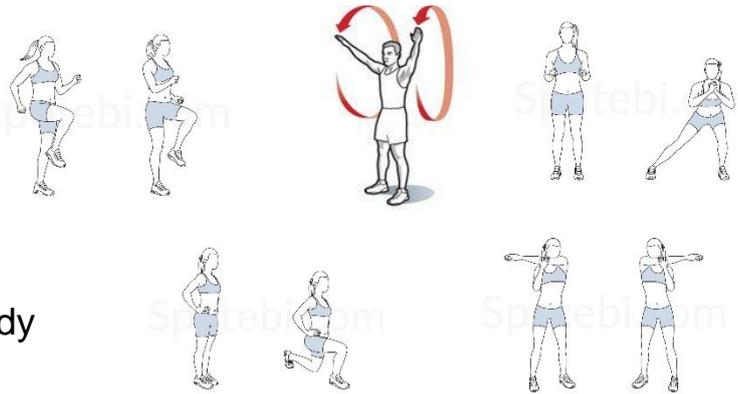


GET ACTIVE CIRCUIT...

Keeping our little ones healthy and active at home has been tough. Victoria has made a circuit that all the family can do together at home.

Warm up –

- Jogging on the spot
- Swing your arms in a circle,
- Stretch your legs – lunges, side lunges,
- Stretch your arms – across your body



Main activity

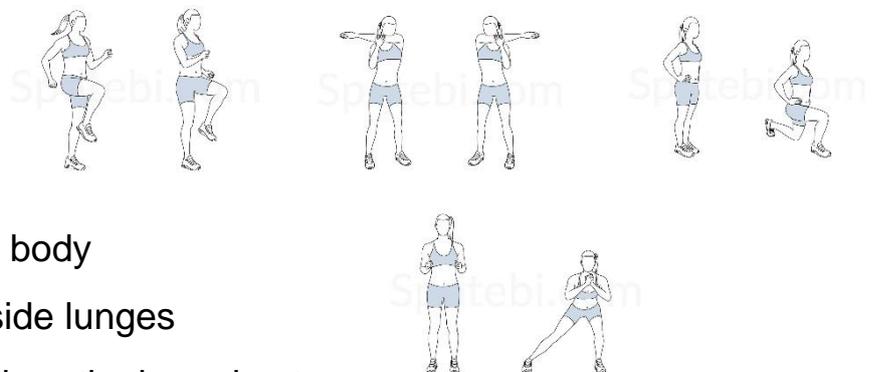
- Run up and down your garden twice
- 10 Star jumps
- High knees



And do it again!!!

Relax/cool down

- Slow jog on the spot
- Stretch arms – across your body
- Stretch legs – lunges and side lunges
- Stand still take some deep breaths in and out



GET MAKING ...

As it's spring and we can see all the wonderful animals and creatures in our gardens

Why not try and make your own butterfly!

You can use any colours that you like.

WHAT YOU NEED-

- Coloured card
- Old kitchen roll tube
- PVA Glue and sellotape
- 1x Pipe Cleaner
- Paint or felt tip pens
- Scissors
- Eyes



HOW TO DO IT-

1. Colour your tube in a wonderful colour of your choice and let it dry!
2. Draw an outline for the butterfly wings and cut them out as best as you can (parents help if needed)
3. Cut out different shapes to create a wonderful pattern on the butterfly wings
4. Stick on the pieces of card you have cut out using PVA glue and let dry
5. Once dry you can place a layer of glue down one side of the tube and place the wings to create the butterfly
6. Next add eyes to the butterfly using eye or you can make your own
7. Bend your pipe cleaner in half and they bend the ends to create a curve
8. Lastly place the pipe cleaner inside the tube and secure using the PVA glue or sellotape