



STAINSBY NURSERY



DREAM. BELIEVE. ACHIEVE



Hello Everyone

Hope you're enjoying the worksheets

This week we have

- Get Messy
- Get Fruity
- Get Slimy

Don't forget to send us your photographs of the memories  
you have made at home

Email us – [janet\\_dixon@middlesbrough.gov.uk](mailto:janet_dixon@middlesbrough.gov.uk)

Remember to WASH THOSE HANDS, STAY HOME AND  
STAY SAFE.

# GET MESSY...

What a great way to get messy by making edible sand. By using ingredients from your kitchen cupboard. Simple safe and best of all you can eat it!

## **WHAT YOU NEED:**

- a large basin
- 5 cups of plain flour
- 1 cup of cocoa powder
- 1 cup of vegetable oil



## **HOW TO DO IT:**

1. Add your flour and cocoa powder to the large basin.
2. Mix the two together
3. Slowly add in your oil of choice to the basin
4. Mix the powdery substance and oil together until you get the right kinetic sand consistency
5. Then add some toy animals, plastic cookie cutters or some handy scoopers and let them explore, play and get messy

# GET FRUITY...

What a great way to enjoy our favourite fruits by creating animals. In the pictures below you can see you can make a fish with different fruits or simply using oranges to create a spider.

## WHAT YOU NEED:

- Fresh fruit
- Plate
- Knife



## HOW TO DO IT:

1. Cut your fresh fruit into small pieces. Remember if you're using grapes cut them length ways.
2. Place the fruit into the animal shape you want
3. Enjoy!



# GET SLIMY...

We all enjoy playing with play dough but why not try making slime. In the photo below you can see that you can make different types of slime. Why not have ago!

## **WHAT YOU NEED:**

- Conditioner
- Corn flour
- Bowl
- Measuring cup

## **HOW TO DO IT:**

1. You need to measure out 1 cup of conditioner
2. Add 2 cups of corn flour
3. Mix together using your hand
4. When all mixed in together the mixture should become stretchy
5. Place on a protective mat and enjoy playing with your slime

